



# Kettlestone & Pensthorpe Parish News July 2023

We welcome articles for the newsletter, including village news and photos, historical articles, welcoming new villagers, details of village organisations, village activities etc.

Please send any articles to: [kettlestonepc@googlemail.com](mailto:kettlestonepc@googlemail.com) by 25<sup>th</sup> of each month.

**Kettlestone Parish website:** <https://kettlestoneparishcouncil.norfolkparishes.gov.uk/>

Welcome (back) to Sarah, who has recently moved into one of the almshouses

## Summary of Dates

- History Project Exhibition in the Church
- Sun 9 July 11 am Church Service
- Wed 12 July Craft and Games afternoon
- Fri 14 July 10:25 – 10:40 am Mobile Library
- Mon 17 July 7:30pm Parish Council meeting
- Wed 19 July PCC meeting
- Mon 24 July Boat Trips (Wells and Stiffkey)
- Fri 11 Aug 10:25 – 10:40 am Mobile Library
- Sun 13 Aug 11 am Church Service and baptism
- Sun 27 Aug BBQ & Boules
- Sat 2 Sept Produce Show
- Fri 8 Sept 10:25 – 10:40 am Mobile Library
- Church services:

[www.achurchnearyou.com/church/10291/](http://www.achurchnearyou.com/church/10291/)

## Kettlestone Parish Council

Contact details: **Clerk** Joanna Otte, Little Manor, Thursford Rd, Little Snoring, NR21 0JN  
Tel: 01328 822366; [kettlestonepc@googlemail.com](mailto:kettlestonepc@googlemail.com)  
Agenda, minutes and other information is available on the village website (address above).

**Councillors:** David Head; Trevor Hoad 822101; Robert Kilbourn (Chair) 851633; James Kilpatrick; Barbara Wyvill (Vice-Chair) 878790. Agenda, minutes and other information is available on the village website (address above).

The next meeting is on **Monday 17 July at 7:30 pm** in the Village Hall. (please note the later time).

## All Saints Church

### Churchyard maintenance:

the continuing Inspiration of “no mow May”  
Many of you will be aware that we have left the Church Field to grow naturally, whilst mowing a path around the edge to enable access to the bench in the north-east corner, the beautiful wild flowers and shrubs and trees planted around the borders by various residents. We hope that you will agree that the variety of grasses and their beautiful seed heads were and are well worth preserving. It is certainly very different from the barrenness of mowing the whole field and has the added advantage of costing far less in petrol and pollution!

We are thinking about extending the “re-wilding” concept to parts of the Churchyard. This is very much in line with Bishop Graham’s suggestions which could

lead towards the development of All Saints’ working to becoming an Eco-Church. If you would like to know more about this initiative please visit <https://www.dioceseofnorwich.org/?s=Eco-church> where Bishop Graham invites us all to become “eco-apostles”. As is often pointed out, Churchyards are some of the least disturbed areas of land that have not changed over centuries and therefore often are havens of wildlife of all sorts.

We have yet to discuss the concept of taking this initiative further within the PCC, and would very much like to know how residents of the village would view this idea before doing so. We would of course maintain mown paths around the Church itself, to the recent graves in the far north-west corner of the Churchyard, around any other recent graves, along the main path to the porch and to the bench under the lime trees. If you have any views we would be very pleased to hear from you – do please contact anyone on the PCC so we can discuss any suggestions and opinions at our next meeting on 19 July. Many thanks.  
Erica Bishop



## Remembering Barbara Baxter

News has reached us that Barbara, former resident of Church Farm House, Kettlestone, and churchwarden at All Saints, has passed away amongst her family aged 91. A Thanksgiving Service, to be arranged later this year at All Saints, will see Barbara reunited with her beloved husband John, who died in 1994, is buried in the churchyard and commemorated in the restored church east window. Roger & Mary Townsin

## Norfolk Churches Trust bike, ride & walk

The Norfolk Churches Trust bike, ride and walk will take place on Saturday 9 September. It only seems a short time since the last one, where did that time go?!

This will be the 40<sup>th</sup> anniversary of this event, which in total has raised over £4 million for churches. We intend to take part again, and we think this will be our 16<sup>th</sup> year. The sponsorship we raise will be split equally between Kettlestone All Saints church, and the Norfolk Churches Trust. So once again we are appealing for sponsorship. Villagers have been so supportive and generous over so many years and we do so hope that you will continue to support us. If you would like to sponsor us please either ask us for a form or just let us know how much you would like to sponsor us for, and whether you are a gift aid donor. Email: [gillashby28@gmail.com](mailto:gillashby28@gmail.com), tel: 878639. Or feel free to pop money through our letterbox @ The Willows! Alternatively please do contact a member of the PCC, who have been so helpful previously. Thank you for all your support previously and hopefully for this year!

Brian and Gill Ashby

### **Kettlestone History Project**

Thank you so much for all the donations we received at the recent coffee morning and exhibition. We raised £215 which will cover website and research costs as well as providing funds towards visiting speakers.

In case anyone missed the exhibition or would like a further look, it is on display in the church for a couple of weeks.

Bridget and Judith

### **Kettlestone Village Hall News**

After a lovely, relaxed Sunday breakfast on a sunny morning at the beginning of June, we later took advantage of the dry weather and gave the village hall and grounds a 'summer tidy up' before the holidays. Thanks to all involved.

We have had a fantastic response to the **Lucy Lavers trip on 24<sup>th</sup> July** and we now have a full complement to fill the three boat trips. Graham Cliff is contacting all the participants to get the best fit for sailing times (9.30, 10.30, 11.30) with the necessary meeting arrangements. We are collecting the £12.50pp cost in advance (payment to Graham please).

The next Crafts and Games afternoons is **Wed 12 July**. Then the next event is the **Boules & Barbecue Saturday 27 August** followed by the **Produce show Saturday 2 September**.

Corinne Merrick

### **Education Grant**

**Kettlestone Charities Trustees** invite applications for an education grant for the academic year 2023-24. Young people studying for their first degree, apprenticeship or equivalent can apply for support to purchase books, materials & resources for study / vocational courses. Grants are awarded entirely at the discretion of the Trustees. Email [kettlestonecharities@googlemail.com](mailto:kettlestonecharities@googlemail.com) or telephone 01328 822366 for an application form. The deadline for submission is **end of September 2023**.

### **Wooden Knickers!**

In the UK we throw away 350,000 tons (97 Olympic swimming pools-full) of clothes each year; only 20% of these, end up being reused through donations to charity shops. The fashion industry promotes 'fast fashion' where clothes are bought each season and seldom worn more than a few times. Often made in 'sweatshops' that exploit workers, these cheap clothes are almost all made of synthetic fibres - these can take a long time to decompose (perhaps decades) and pollute the environment. Frequent washing generates microfibres, the negative effects of which are still not fully known.

But there are other options: traditional natural fibres which are biodegradable include cotton, linen, wool, cashmere, leather, jute, and hemp; all have their uses (and each have some drawbacks).

But nowadays we have more choices: new manufactured materials made from plant material that have many of the desirable characteristics of synthetic fibres.

A fibre called *Tencel*, is made from wood pulp. It's used to create a fabric that is great for making underwear (wooden knickers!) as it is very soft and breathable. And, being made of wood, it is totally biodegradable.

Bamboo is an alternative to cotton, using a lot less water in its production and being sustainably harvested. It is naturally soft and dries much faster than cotton, making it ideal fabric for nappies, socks, towels, etc.

When shopping for clothes, we are all now used to thinking about the 'four Rs': Refuse, Reduce, Reuse, Recycle. Can we also get used to thinking about whether what we buy is biodegradable at the end of its life?

(For more information about fabrics, see our July display in the bus shelter.)

Climate & Environment Group ([wecan@educari.com](mailto:wecan@educari.com))



### **Local Contacts**

**District Councillor:** Mike Hankins (Lib Dem), 01263 802779 or [mike.hankins@north-norfolk.gov.uk](mailto:mike.hankins@north-norfolk.gov.uk)

**County Councillor:** Steffan Aquarone (Lib Dem): 07879 451608 or 01603 327827 or [steffan.aquarone.cllr@norfolk.gov.uk](mailto:steffan.aquarone.cllr@norfolk.gov.uk)

**MP:** Jerome Mayhew (Cons), 0207 2194733 [jerome.mayhew.mp@parliament.uk](mailto:jerome.mayhew.mp@parliament.uk)

**North Norfolk District Council** 01263 513811 or <https://www.north-norfolk.gov.uk/> Environment and Emergencies tab to report fly-tipping, dog fouling, etc.

**Norfolk County Council:** 0344 800 8020 Road and footpath defects: <https://www.norfolk.gov.uk/roads-and-transport/roads/report-a-problem> .