



Kettlestone & Pensthorpe Parish News January 2023

If you would like to include an article for publication in the Parish News, please send your item by 25th of the preceding month to the Editor: kettlestonepc@googlemail.com.

Kettlestone Parish website: <https://kettlestoneparishcouncil.norfolkparishes.gov.uk/>

Kettlestone Parish Council

Contact details: **Clerk** Joanna Otte, Little Manor, Thursford Rd, Little Snoring, NR21 0JN.

Telephone: 01328 822366

Email: kettlestonepc@googlemail.com

Councillors: Gill Ashby (Chair) 878639; Christine Hipkin 878241; Marlene Hoad 822101; Trevor Hoad 822101; Robert Kilbourn (Vice-Chair) 851633; Barbara Wyvill 878790. Agenda, minutes and other information is available on the village website (address above). The next meeting is on **Monday 16 January at 7pm** in the Village Hall.

Hardship Grants

If you are experiencing need or hardship, please do consider applying for a Hardship Grant from the Parish Council. (Your application will be considered by a working group of parish councillors supported by the Clerk and will remain **confidential**.) Contact the Parish Clerk details above.

Finding Help with the Cost of Living Crisis

Details of the government schemes to help with rising energy costs can be accessed via North Norfolk District Council's website: <https://www.north-norfolk.gov.uk/projects/advice-and-support/> or telephone customer services on 01263 513811.

Keep Warm and Well this Winter

Norfolk Libraries are here to help. Until the end of March 2023 you can pick up a bag of essential items to help keep you warm (scarf, hat, gloves, blanket, socks and hot water bottle), toiletries (shampoo, soap etc) & sanitary supplies. **Hot drinks and soup will be available during staffed library hours.** Fakenham Library: 01328 862715. Wells Library: 01328 710467.

Heritage House Day Care

Day visitors to Heritage House in Wells next the Sea have access to a wide range of essential services such as specialist bathing, chiropody and therapeutic exercise as well as activities including art classes, music, outings and special events. Most importantly our visitors enjoy the companionship of others.

The three Heritage House minibuses are professionally equipped to ferry our guests safely and securely to and from the House by our trained and experienced volunteers. For more information contact 01328 711333 or visit the website:

<https://www.heritagehousecare.org.uk/> There are also links to other organisations which provide support and advice.

Kettlestone Almshouses Charity Trust

One bedroom, single-storey almshouse available in Kettlestone with garden, and off-road parking.

To qualify to fill this vacancy you should be of good character; in reasonable health; have a local connection to Kettlestone; be in need (either social and/or financial) and able to look after yourself. Applicants must complete an application form and be prepared to produce sufficient testimonials to support the application and be able to attend an interview.

Please write to the Clerk to the Trustees, Little Manor, Thursford Road, Little Snoring, NR21 0JN or email kettlestonecharities@googlemail.com for an application form, stating your name and address.

Kettlestone Church Services

Communion with Revd Robin Stapleford at 11:15 am on 15 January and 12 March.

More information can be found on the website:

<https://www.achurchnearyou.com/church/10291/>

100 Club

Another year has flown by and Subscriptions for the 100 Club are now due in January for the New Year please. You can either pay by bank transfer, cheque or cash.

- If paying by cheque or cash please could you hand it to either: Angie Waterston at 5 Orchard Grove or Judy Manuel at 1 Orchard Grove
- Bank details are as follows:

Lloyds Bank Fakenham

Sort Code: 30-92-88; A/C number: 00343623

PCC of Kettlestone 100 Club

It costs £12 per year for each number. You can have as many numbers as you wish! We have several spare numbers and would very much like to fill them if possible. There is a monthly draw of cash prizes. This is an excellent way of raising much needed funds for our Church and your giving is very much appreciated.

If you would like to join the Club as a new member please could you contact Angie on 01328 822394 with your details for the record and I can then allocate you a number.

Happy New Year to you all

Angie Waterston

Kettlestone Village Hall News

Regular Events

Table tennis groups play on Wednesday evenings, starting 11th January 7 – 9 pm; and Friday mornings 10am -12 noon. £2 a session. No need to book. Newcomers very welcome.

There is a **change of date** for the next **Arts, Crafts and Games** afternoon which will now be **Thursday 12 January at 2.00pm** returning to the second Wednesday in the month thereafter.

Other Dates for the New Year

- **Sunday 8 January 2.00 pm** Film showing of **The Duke** followed by tea and cake.
- **Friday 20 January 7.30pm:** 'Collecting stamps on the Camino' a talk by local resident John Hurst on his European long distance walk this summer.
- **Friday 3 February 7.30pm** The return of the popular **Fakenham Ukulele band**. These talented musicians always provide an entertaining evening with a great variety of music and song.

Wishing everyone a very Happy New Year

Corinne Merrick

NOT-SO-WILD RESOLUTIONS FOR WILDLIFE

Happy 2023! A new year, and traditionally a time for resolutions. But what might they be?

Wildlife had another tough year in 2022. Recently, the National Trust's annual audit described the devastating effects of last year's chaotic weather (extremes of temperature, droughts and floods, wildfires and storms) on UK wildlife:

'The extreme conditions have made survival very difficult for animals, from toads and bats to birds and butterflies, and from great trees to meadowland flowers.'

A local example of this devastation is the Sandwich



Terns at Blakeney. They had a really bad year, with only *one pair* nesting, compared with more than 3,000 the previous year.

In our gardens, we could resolve to: 'say no to the mow'; plant insect-friendly wild flowers; introduce some new habitats; or keep our cats in at night and exercise special control during

the bird-nesting season.

For those with time and energy to spare, there are many opportunities for volunteering, donating, and supporting local nature-friendly organisations.

- With the **Norfolk Wildlife Trust** (NWT) one can get involved with local practical conservation efforts, for example at Brett's Wood, Thursford Wood, and Holt Lowes. Donations are always welcome, too. Last year, the NWT successfully raised £600,000 to create a new nature reserve for Norwich at Sweet Briar Marshes.
- If volunteering for one-off events is more convenient, why not take part in **Norfolk Beach Cleans**? They also give advice and loan equipment if you want to conduct a beach clean of your own.



Views expressed in this publication are not necessarily those of the Editor or of Kettlestone Parish Council.

- The **RSPB** offers various opportunities to get involved: coming up this month is the chance to take part in the **Big Garden Birdwatch** (27-29th January). RSPB welcomes new members as well as volunteers and donations.



- If your passion is for rivers, donate to, or support in other ways, the **Norfolk Rivers Trust**. Contact them to find volunteering opportunities.
- Donations and support are also welcomed by **Norfolk Trails**. Volunteers are needed for the Coast Path, the ancient Peddars Way, and for numerous circular walks.
- And closest to home is **Pensthorpe**. Most of their volunteers work for a day a week but some activities only take a few hours. Volunteers receive induction and training.



And, of course, resolving to write to our MP, District and County Councillors or sign online petitions about environmental issues affecting wildlife is another way to help to improve conditions for all our wonderful plants and animal.

You'll no doubt have your own resolutions to make: best wishes for carrying them out in 2023.

A Happy New Year to All!

(Please contact us if you would like any more information about anything mentioned in this article.)

Climate and Environment Group: wecan@educari.com

