



Kettlestone & Pensthorpe Parish News September 2022

If you would like to include an article for publication in the Parish News, please send your item by 25th of the preceding month to the Editor: kettlestonepc@googlemail.com.

Kettlestone Parish website: <https://kettlestoneparishcouncil.norfolkparishes.gov.uk/>

Kettlestone Parish Council

Contact details: **Clerk** Joanna Otte, Little Manor, Thursford Rd, Little Snoring, NR21 0JN.
Telephone: 01328 822366

Email: kettlestonepc@googlemail.com

Councillors: Gill Ashby (Chair) 878639; Christine Hipkin 878241; Marlene Hoad 822101; Trevor Hoad 822101; Robert Kilbourn (Vice-Chair) 851633; Barbara Wyvill 878790. Agenda, minutes and other information is available on the village website (address above). The next meeting is on **Monday 19 Sept at 7pm** in the Village Hall.

Affordable Housing

Representatives from North Norfolk District Council Community Housing Development team will be at the Parish Council on Monday 19 September. A suitable site for a small Affordable Housing development has been identified on Snoring Road and Broadland Housing Association are interested. Please do come along to the parish council meeting to find out more.

Hardship Grants

If you are experiencing need or hardship (e.g. from loss of income, reduced employment, lack of seasonal work, extra costs or unexpected outgoings), please do consider applying for a Hardship Grant from the Parish Council. (Your application will be considered by a working group of parish councillors supported by the Clerk and will remain **confidential**.) Contact the Parish Clerk details above.

Thank You

Thank you to John Fiddian for clearing the New Zealand Pygmy Weed from the pond. It is an invasive species which was introduced to this country. It clogs up ponds and waterways, blocking out light and oxygen and killing anything living beneath it. It is very much appreciated that action has been taken to tackle this problem in the village.

Dog Fouling

An increase in the problem of dog fouling on Holbrigg Lane has been observed. Please remember to pick up after your dog, and encourage others to do so. There are two dog waste bins in the village; one in Holbrigg Lane, and one on the crossroads at the pond end of The Street. Thank you.

Kettlestone Church News from the PCC

We have been delighted to welcome the Reverend Robin Stapleford several times now, and it has been very encouraging to see our congregation enjoying his services. We will be sending out brief reminders when services are due to happen as this seemed to be

appreciated by quite a few people who have attended the services.

As so often happens, something unexpected happens to prevent plans coming to fruition as you hope or even expect! Not 24 hours after I had written to say we were preparing for some of the work required on the tower of the Church was due to take place on 10 August our Architect phoned me to say that it was to be delayed! It is hoped that this will now take place in November - the delay was due to holidays, covid, and being able to get all the various work to be undertaken at the same time making use of a cherry picker to the full.

It is sad to see some of the ravages of the drought and very high temperatures we have been experiencing. The sumac tree just inside the churchyard wall has died, and we are concerned at the condition of the large walnut tree near the Church View end of the churchyard. We will be keeping a close eye on the walnut and hope that next spring it might recover, but the sumac will be taken down as a part of the churchyard maintenance programme.

Once the weather broke and we had the downpour last week, some water got into the vestry under the North door. This has always posed a problem, but has largely been cured over the past couple of years by regular cleaning of the gutters above, and addition of a weatherboard at the base of the door. Happily this is the first time water has got in since then, and given the force of the rain, it was hardly surprising. It has all dried out now, and no damage was done. Please excuse the pun, but we will be keeping a weather-eye on it! *Erica*

100 Club

July: 1st E Bishop; 2nd T Brown; 3rd J Rimmel

August: 1st L Coubrough; 2nd L Sebczak; 3rd A Murray

Norfolk Churches Trust

Sponsored Bike Ride / Walk 2022

Just a reminder that this year's event will take place on Sat 10 Sept. Unfortunately our preparations have been disrupted as we have both had Covid! This also means that we have been unable to mix with other people so have had no opportunity to personally seek sponsorship. If you would like to sponsor us we would be very grateful if you could please contact us or any member of the PCC, who also have sponsor forms. Alternatively you can sponsor us online via

JustGiving <https://www.justgiving.com/Gillian-Ashby4>

Thank you!

Brian and Gill Ashby

Village Hall News

Due to the extreme weather conditions, regretfully, the produce show had to be cancelled this year. However there is a variety of events coming up over the few weeks.

- Friday mornings 'beginner' table tennis restarts on 2 September.
- Fri 9 Sept: return performance from Brenda and Steve 'the Two Violins' which proved so successful the last time. The concert will be held in the Little's barn starting at 7.30pm. The village hall bar will be open for drinks and light snacks from 6.30pm and at the interval. Tickets are available now from Clare and Ken Kay (822081) £12.50 for social club members, £15 non-members (a donation will be made to the church). Seating is limited so please book early to avoid disappointment.
- Tues 13 Sept 10.30 – noon: a small group guided walk and talk at the Hawk and Owl Trust, Sculthorpe Moor nature reserve. Places are still available - please contact Graham Cliff (878251) as soon as possible if you are interested. Donations to the Trust.
- Wed 14 Sept: Arts, crafts & games afternoon 2-4 pm.
- Fri 23 Sept: Quiz night at the village hall at 7.00pm. No need to provide a team just come along, have a bit of fun and test your general knowledge.
- Sun 2 Oct: the ever popular Sunday breakfast returns from 10 – noon for a lovely full English breakfast and chance to catch up with friends and neighbours.

Corinne Merrick

Education Grant

Kettlestone Charities Trustees invite applications for an education grant for the academic year 2022-23. Young people studying for their first degree or equivalent can apply for support to purchase books, materials & resources for study / vocational courses. Email kettlestonecharities@googlemail.com or telephone 01328 822366 for an application form. The deadline for submission is **end of September 2022**.

Kettlestone History Project Update

<https://www.kettlestonehistory.org/>

Village Voices: The pandemic has meant that progress on recording village voices is rather slow. However with the help and expertise of Seb White we have now produced and edited sound clips of Pat Dickson, Pauline Bassingthwaite and Gill Baguley talking about their childhoods in WW2. These are available to listen to at the 'Remembering World War Two' page of the website. More recordings will follow soon.

Remembering Kettlestone: Recent additions to the website include vivid recollections of growing up in the Street in the 1950s by Bernard and Joan Jarvis, and Pat Dickson's memories of the Street from the 1970s.

Donald Tuck: Those of you who have lived here a long time will remember Donald Tuck. He wrote a detailed history of the village which was published in 1985 but it is no longer available as a printed copy. To preserve this precious document, it has been scanned and saved and is available to view on the website.

1921 Census: We hope to analyse the 1921 census and follow up the lives of the villagers who were here during WW1. However, at the moment access to it is expensive and we are waiting for it to become free to view.

1939 List and WW2: We are hoping to add information to the website about life in Kettlestone during WW2 and

have started to look at the names on the 1939 list. Even though some of the information has been redacted it does give a good indication of the ages and occupations of the villagers. Unfortunately, we have not as yet traced anyone who was here during WW2 and so we don't have any eye witness accounts of life here at that time.

Bridget and Judith

Cheaper Cooking Cuts your Carbon

Our energy bills are about to balloon. Recent high temperatures and a drought have brought home the reality of the climate crisis: two very good reasons to reduce our energy use. And much of our energy use is in the kitchen: almost a tenth of domestic energy use is for cooking and boiling the kettle. We could all save money by using more efficient cooking methods. Let's look at the ways.

Electric ovens are the least energy-efficient cooking method. To save energy and money, use the oven less, and when you do use it: cook several dishes at the same time or cook bulk quantities; keep the door closed as much as possible; use glass or ceramic dishes (they retain heat better than metal ones); turn the oven off ten minutes early (ovens retain heat); keep the oven clean; and check that the door is properly sealed and the thermostat and fan are working.

Microwave ovens are generally the most energy-efficient cooking method because they only heat the food – unlike a conventional oven which also heats itself and the air inside it. For example, cooking a large jacket potato in an electric oven costs about nine times as much as microwaving it. Fresh and frozen vegetables cook quicker and cheaper in the microwave, losing none of their vitamins and minerals.

Induction hobs are the most energy-efficient hobs, cooking food faster and using up to 70% less energy than a traditional hob. And all hobs can be more efficient – put lids on pans, use the correct size saucepan for the ring, use a double steamer, use flat pans (warped ones can use 50% more energy), and keep hob rings clean. Slow cookers are very energy-efficient. An average-sized slow-cooker meal uses 1.3 kWh over eight hours (current cost 36p). They can cook complete meals using cheaper ingredients.

Pressure cookers pressurise their contents and the temperature rises above boiling point, cooking food much faster and using 80% less energy than an oven.

Air fryers are also more energy efficient than most convection ovens because they cook much faster.

Kettles use six per cent of the energy used in UK homes. A two-litre kettle (3 kWh) currently costs 6p to boil, so boiling a full kettle four times a day (the UK average) for a year would currently cost £73 - increasing to £149 in October. Cut costs by boiling only the amount of water needed.

A new appliance might save energy, but it will take a while to pay for itself (and it takes energy to produce it) so think before you buy (and buy the highest energy rated one that can afford ('A+++ is best)).

We'll have more energy- and money-saving ideas on the new bus shelter display in mid-September.

The Climate and Environment Group