



# Kettlestone & Pensthorpe Parish News August 2022

If you would like to include an article for publication in the Parish News, please send your item by 25<sup>th</sup> of the preceding month to the Editor: [kettlestonepc@googlemail.com](mailto:kettlestonepc@googlemail.com).

Kettlestone Parish website: <https://kettlestoneparishcouncil.norfolkparishes.gov.uk/>

## Kettlestone Parish Council

Contact details: **Clerk** Joanna Otte, Little Manor, Thursford Rd, Little Snoring, NR21 0JN.  
Telephone: 01328 822366

Email: [kettlestonepc@googlemail.com](mailto:kettlestonepc@googlemail.com)

**Councillors:** Gill Ashby (Chair) 878639; Christine Hipkin 878241; Marlene Hoad 822101; Trevor Hoad 822101; Robert Kilbourn (Vice-Chair) 851633; Barbara Wyvill 878790. Agenda, minutes and other information is available on the village website (address above). The next meeting is on **Monday 19 Sept at 7pm** in the Village Hall.

### 'Slow You Down'

We are asking for pictures and drawings to add colour to a Parish Council sign reminding drivers that pedestrians use Holbrigg Lane. If you would like to take part, please send your artistic work to the Clerk (details above) for consideration.

### Hardship Grants

If you are experiencing need or hardship (e.g. from loss of income, reduced employment, lack of seasonal work, extra costs or unexpected outgoings), please do consider applying for a Hardship Grant from the Parish Council. (Your application will be considered by a working group of parish councillors supported by the Clerk and will remain **confidential**.)

Contact the Parish Clerk on 01328 822366 or email [kettlestonepc@googlemail.com](mailto:kettlestonepc@googlemail.com) to receive an application form.

### Recycling Facilities

Glass, Paper & Magazines and Textile recycling banks are available on the car park at the Playing Field, Stevens Road (off Kettlestone Road) Little Snoring NR21 0GZ.

### Newfoundlands & the RNLI

East Anglian Working Newfoundlands recently provided a water display in Wells Quay in aid of the Wells RNLI. Sandy Williams, who lives in Kettlestone, agreed to be sponsored to be 'rescued'. She bravely entered the water and was saved by Eddy, raising the magnificent sum of £330 which has been added to the collection made on the quayside. EAWN and the RNLI would like to thank Sandy and all those who gave so generously.



Sandy with Eddy & Poppy  
Courtesy of Graham Cliff

## Kettlestone Church News from the PCC

Following the retirement of our Rector, James, the PCC is very pleased to welcome the Rev. Robin Stapleford who has been asked to "look after" our Benefice churches: Kettlestone, Little & Great Snoring, Hindringham, Barney & Thursford. Robin is Rector of the Wensum Group of Churches which includes Colkirk, Gt Ryburgh and Brisley, amongst others. This means that Robin has a huge task on his hands. He has been extremely busy organizing how he might cope, and as a part of that, we will be holding services on the second Sunday of each month. A list of his rota amongst our group of churches is on the Notice Board in the porch of the Church. For ease, we will be known as "The Hindringham Group".

By the time you read this Robin will have officiated at Maurice's funeral, and will also have taken Communion for us on Sunday 31 July. We will keep you up to date with services on a regular basis through both the Newsletter and via email.

On a very different note, you may like to know that we are expecting an engineering survey to be undertaken on 10 August. We will of course let you know the results of this survey in due course, but if you encounter people in or around the Church on that day, please rest assured, they are there at our request! We are also awaiting the leadwork specialist who will be repairing the guttering on the roof of the tower so that water will drain away effectively. We are not sure when this will be done, but hopefully before the winter.

### Sponsored Bike Ride / Walk 2022

It only seems a short time since I wrote about the 2021 bike ride and thanked everyone who collected or gave sponsorship. Where did that time go?! This year's event is fast approaching and will take place on Sat 10 Sept. In 2021 the bike ride raised over £130,000, totalling over £4 million since its inception in 1983. This money has made a huge difference to preserving Norfolk's iconic and beautiful churches. Brian and I have been participating in this event since 2007, so this will be our 16<sup>th</sup> year. We have been really well supported by villagers and the PCC and the sponsorship we have received has increased year on year. Dare we hope for another record total this year? 2021 was so exceptional it does seem a hard task to at least equal the total. Of the money we raise, half goes to All Saints church, and half to the Norfolk Churches Trust. Providing we are fit to do so we intend to cycle, but if not we will walk or drive. If you would like to sponsor us please contact us on 878639 or [gillashby28@gmail.com](mailto:gillashby28@gmail.com), or speak to a member of the PCC who will also have sponsor forms. Thank you in advance for any contributions! *Gill Ashby*

## Village Hall News

There will be a new Table Tennis group starting on Friday mornings 10.30am from 5 Aug. The emphasis is on fun and will be suitable for complete beginners. So do come along and give it a try. The Wednesday evening table tennis will continue as usual.

Other summer events and activities:

- Wed 10 Aug: Arts, crafts & games afternoon 2-4pm. Held every second Wednesday in the month, knitters, stitchers & any other handi-crafters are welcome to join us for (tea, cake & a chat as well).
- Tues 23 Aug RAF Sculthorpe talk 7.00pm This talk has been rescheduled from July.
- Sun 28 Aug. Boules & Barbecue from 12 noon. The traditional village event open to all.
- Sat 3 Sept: Produce Show. A list of entry classes has been sent out but please contact a committee member if you still need one. This year we would like to include an exhibition of the arts and crafts produced in the village. We know there is lots of talent out there but it really doesn't have to be a masterpiece and this section is not a competition. All contributions welcome. *Corinne Merrick*

## Education Grant

**Kettlestone Charities Trustees** invite applications for an education grant for the academic year 2022-23. Young people studying for their first degree or equivalent can apply for support to purchase books, materials & resources for study / vocational courses. Grants are awarded entirely at the discretion of the Trustees. Email [kettlestonecharities@googlemail.com](mailto:kettlestonecharities@googlemail.com) or telephone 01328 822366 for an application form. The deadline for submission is **end of September 2022**.

## Maurice Jones

We were saddened to hear of the passing of Maurice in June. As well as being an enthusiastic, cheerful and helpful Trustee for Kettlestone Charities, he was a valued member of the community supporting Village Hall and Church events. He will be greatly missed.

*Joanna Otte, Clerk to the Trustees*

## Green Washing

It's hot! Reaching 38°C in Kettlestone: it's a clear demonstration of the need for everyone to take the climate crisis more seriously. But winter is coming and we also have an energy crisis; this October, an average family's energy bill is expected to rise to an unprecedented £3,225 – an increase of £2,000 in less than 12 months! So there are two good reasons to use less energy: reducing our 'carbon footprints' *and* saving money on bills. This is the theme of the Climate and Environmental Group's Newsletter articles and bus-shelter displays over the next few months.

**This month: laundry.** A kilowatt-hour (kWh) of electricity now costs 28.34p (national average price cap). The average UK home uses their washing machine 270 times a year. The cost of a washing cycle partly depends on the energy efficiency of the machine. An A-rated 9 kg washing machine uses 0.49kWh of electricity per cycle; which costs around 14p: that's

nearly £40 in a year. A less energy-efficient D-rated 9kg washing machine uses 0.76 kWh per cycle: costing about 22p per cycle or almost £60 for a year: that's one-and-a-half times the cost of running an 'A'-rated machine. But buying a new washing machine that's more energy-efficient is not necessarily a money-saver because of the purchase price, and because a lot of energy is used to produce it, one's 'carbon footprint' might not reduce much.

Washing machines use some energy to heat their water. *Which* tested washing machines to see whether energy-saving lower temperatures affected cleaning effectiveness. Washing at 30°C instead of 40°C saved 38% of energy use and washing at 20°C saved 62% - without compromising on 'stain-busting power'. This is because modern detergents cope with lower temperatures (and liquid detergents are better than washing powders for tough stains (particularly if they have been pre-treated)). Although it should be remembered that if lower temperature settings are used regularly, a monthly 60°C maintenance wash is necessary to keep a washing machine clean and efficient.

The energy used by a tumble dryer varies according to the type of dryer. A 9kg vented tumble dryer uses 5.3kWh of electricity per cycle and cost £1.50, a 9kg condenser tumble dryer uses 5.2kWh (£1.47), and a 9kg heat-pump model will use 2.16 kWh (61p). To dry for free, hang the washing outside (or inside on an airer): but it's harder work and one has to keep an eye on the weather.

Other energy-saving and cost-cutting laundry ideas include washing with full loads, using short cycles, and washing clothes only when necessary. To find out more see: <https://www.which.co.uk/news/article/cut-your-laundry-costs-by-100-per-year-al6uV6a1r1kM>. And there will soon be a new bus-shelter display on saving energy (and money) in the laundry.

Happy Washday! The Climate and Environment Group

## Fakenham Choral Society

Want a new challenge? Have you ever wanted to sing music by the world's greatest composers or listened to *Classic FM*, wistfully remembering your time in the school or church choir? If so, why not come and join Fakenham Choral Society? The first two rehearsals this September (13<sup>th</sup> & 20<sup>th</sup>) are free so a great opportunity to sample some of the many types of music we sing. We meet on Tuesdays 7:30pm – 9:15pm, from Sept to June at the Salvation Army Hall in Fakenham (opposite the road to the Tesco car park) and perform three concerts a year, often with orchestra & soloists, who with our Musical Director and accompanist are all professional musicians. You don't have to read music to join, but useful if you can, and we don't have formal auditions. For more information, please see our website: [www.fakenhamchoralsociety.org](http://www.fakenhamchoralsociety.org), call Colin on 01485 544335 or Tracey on 01362 668938, or just turn up on the night. We'd still be pleased to hear from you if you can't make the 13<sup>th</sup> or 20<sup>th</sup> September.

Look forward to seeing you!