



Kettlestone & Pensthorpe Parish News July 2021

If you would like to include an article for publication in the Parish News, please send your item by 25th of the preceding month to the Editor: kettlestonepc@googlemail.com.

Kettlestone Parish website: <https://kettlestoneparishcouncil.norfolkparishes.gov.uk/>

Kettlestone Parish Council

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Councillors: Gill Ashby (Chair) 878639; Christine Hipkin 878241; Marlene Hoad 822101; Trevor Hoad 822101; Shane Hyde; Robert Kilbourn (Vice-Chair) 851633; Barbara Wyvill 878790.

Wild flower verges on Green Lane

As mentioned in the previous newsletter the Parish Council is hoping to seed early and later nectar-bearing flowers on the verges on Green Lane. Please do contact the Clerk or John Fiddian for further information or to request particular plants or shrubs.



Cinnabar Moth

The **next meeting of the Parish Council** is on **Monday 19 July at 7:30 pm** in the Village Hall. (Parish Councils are no longer allowed to meet virtually).

Covid-19 Hardship Grants

Hardship Grants are available if you are experiencing difficulties as a result of the pandemic. If you are in need or hardship, please do consider applying for a Covid-19 Hardship Grant from the Parish Council (it will remain **confidential**). For an application form contact the Clerk: kettlestonepc@googlemail.com or telephone 01328 822366.

Lee Muston

It was very sad to hear the news that Lee Muston passed away recently. Lee and his wife Irene lived in Kettlestone for many years and were very active in the village. Lee edited the village newsletter for several years. He was previously headmaster at Fakenham School and was also heavily involved at Fakenham Rugby Club.

Our condolences go to Irene and family.

Church Services

11 am on 4 July (the first Sunday of the month as usual)

Church News

The PCC much regrets having to postpone the Tea and Cakes, and meeting arranged to take place in the Church on 5 July, due to the extension of the Covid-related restrictions.

We are awaiting a new date from Anastasia, who is coming to talk to us all about the possibilities we could look at for the future of the Church. We will have to let you know when Ana is able to come – we are hoping for a day early in August.

In the meantime, Matt Basham and the Friends have been working hard to keep the grass cut, and cleared away. The rain encouraged enormous and very sudden growth, so it was quite a job.

I also wrote round to encourage wildflower enthusiasts to visit the Church Field where there is an amazing display of perennial wildflowers. However, please be aware that the field is under attack by moles and rabbits, so the ground is a bit uneven.

Erica Bishop

100 Club

MAY

1st Ella Waterston, 2nd Diane Lewis, 3rd Ellen Wilson

JUNE

1st Julia Murray, 2nd Maria Sheekey, 3rd Gill Ashby

County Council call for Foster Carers

The smiles you share, the hugs you give, the giggles you get and the difference you make. These are the reasons you open your heart and your home and choose to foster. Help a child fulfil their true potential. Text 87222, telephone 01603 306649 or go to

www.norfolk.gov.uk/fostering

(Texts cost one standard network rate message.)

Village Hall

It was with much regret that we had to cancel our re-opening event. We will, of course, let everyone know as soon as possible when we will be able to welcome everyone back to the hall.

We have also postponed the talk on Seahenges as it was due to be given the day after our new possible "release" date, and therefore rather too near another possible cancellation in case of further delay to our reopening. We will be in touch with everyone to let you know when we have been able to re-book this. The speaker has been very accommodating and is having to re-jig talks in Germany and elsewhere in the UK.

In the mean-time the committee has been making sure everything in the hall is clean and ready for use – a mammoth washing up session took place, and a huge clear out in the store room and shed. It's surprising how much "stuff" there is!

I would like to thank the committee for all they have done over the past months and more recently; without their unstinting, cheerful and willing help it would have been a very bleak time. So – fingers crossed for 19 July. Watch this space

Erica Bishop

Thank you

We would like to thank all those villagers who offered their driveways and front gardens as car parking areas for Kate and Michael's wedding on June 26th. It was very much appreciated.

Kate would also like to thank those villagers who watched her arrive as Miss Skinn and leave the Church as Mrs Lowe. It added another memory to her very special day.

Thank you again

Ian and Debs Skinn.

Climate emergency

Helping Insect Pollinators

Some people aren't keen on insects. Aphids and caterpillars eat garden plants. Wasps annoy on picnics. And flies contaminate food. But insects are crucial for life on earth; we, and many other animals, are dependent on them. They have a major role in pollination. Most of our food plants (apart from cereal crops) rely on insects (mainly bees, wasps, moths, butterflies, flies, and beetles) for pollination. Insects also help to disperse some seeds. They eat pests (including those in our gardens) and decompose dead material. They provide food for many birds and other animals.



Pollinators

However, in recent decades, insect species have declined dramatically. In the UK, almost two thirds of species have declined and about a tenth are endangered. The problem is caused by humans. Humans have destroyed habitats, polluted the countryside with herbicides, insecticides and fertilisers, introduced foreign species to compete with native ones, and created climate change.

We can help insect populations to stabilise and increase by creating habitats in our gardens and on verges. These are some of the simple actions we can take:

- Provide food for pollinators all year by planting nectar- and pollen-rich flowers (avoiding 'double' flowers and including wild ones) See www.daviddomoney.com/10-best-plants-for-pollinators-for-bees-and-butterflies-in-wildlife-garden
- Preserve natural insect nesting and hibernating sites and build 'hotels' for bees and other insects
- Allow lawns (or parts of them) to grow long and sow or plant with wild flowers
- Stop using herbicides, fungicides and pesticides, which cause so much harm to insects. Other ways of pest control include using resistant cultivars and rootstocks; and rotating crops. www.rhs.org.uk/advice/profile?pid=1023



7-spot ladybird larva

We can't solve the worldwide insect crisis. But if we create safe and rich habitats, our gardens and verges will become havens for pollinators.

Other useful links:

Wild Life Trusts:

<https://wildlifetrusts.org/sites/default/files/2017-12/ecxt.pdf>;

Bug Life: www.buglife.org.uk/resources/ ;
<https://cdn.buglife.org.uk/2020/07/B-friendly-to-your-Veg.pdf>.

Barbara Wyvill